

TOO GOOD FOR DRUGS (TGFD)



Too Good for Drugs (TGFD) prevents youth substance misuse by educating students about the dangers of alcohol, tobacco, and other drugs

TGFD IN HIGH SCHOOLS

Is this appropriate for high school students?

Yes! **TGFD** in high school challenges teens to:

- Explore practical guidance for understanding the **negative health effects** related to **prescription drug misuse, underage drinking, marijuana misuse, opioid misuse, & nicotine use.**
- Explore the stages of **addiction** and the risks associated with **experimentation.**
- Evaluate their **social and peer influences** as well as their **internal pressures** to fit in or escape



DOES TGFD WORK?

Research has shown that building these skill sets is linked to **healthy development** and **academic success.**

But, how do we ensure that students are actually learning the skills from these lessons?

At the beginning and end of our program, we have students fill out **pre-** and **post assessments** to measure their knowledge and understanding of these topics through questions such as the following:

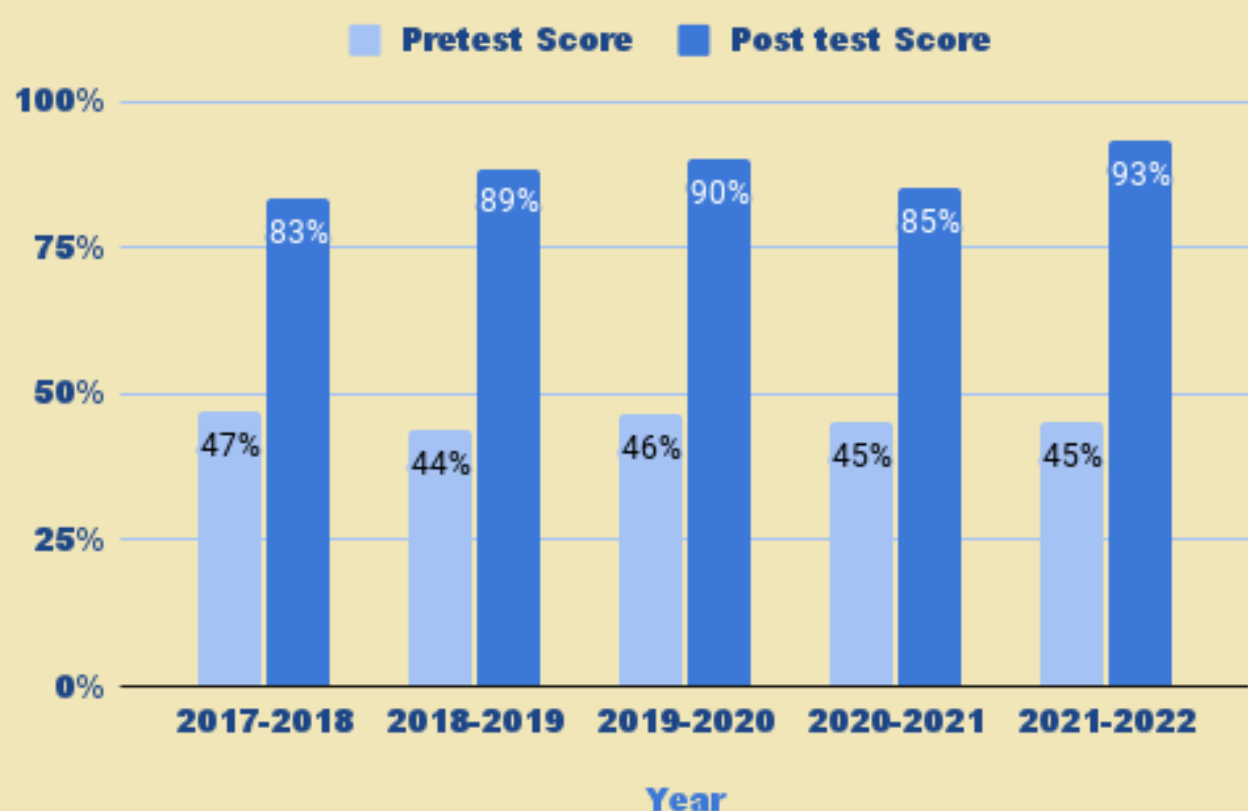


- *What are the dangers of using different illicit substances?*
- *How often do young people use substances?*
- *How often do young people become addicted to these substances?*

Overall, we found **major improvements** from **pre-** to **post-test** scores.

PROGRAM OUTCOMES

TEST SCORES BEFORE VS. AFTER PROGRAM



PERCENT INCREASE IN TEST SCORES AFTER THE PROGRAM

